











# Congregate Lunch Menu – July 2021

Menu Subject to Change Based on Product Availability and Quality Standards				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Grilled Chicken Sandwich Chuck Wagon Vegetables Chopped Broccoli WG Bun Mixed Fruit Cup Margarine 100% Fruit Juice	<b>2</b> BBQ Pulled Pork Cole Slaw Baked Beans Wheat Bun Peaches BBQ Sauce Milk
<b>5</b> 	<b>6</b> HM Sloppy Joes Garden Blend Veggie Pasta Cauliflower WG Bun Golden Apple Margarine 100% Fruit Juice	<b>7</b> Philly Chicken w/Cheese Diced Potatoes Normandy Blend Vegetables Wheat Sub Bun Tropical Fruit Salad Margarine Milk	<b>8</b> Ravioli w/Shrimp & Sauce Steamed Broccoli Roasted Squash & Zucchini Crunchy Breadsticks Fruit Cocktail Margarine 100% Fruit Juice	<b>9</b> Chef Salad w/Romaine Turkey, Eggs & Cheese Carrots Sticks Diced Peas Wheat Roll Salad Dressing Milk 
<b>12</b> Tangerine Chicken Sweet Peas Diced Carrots Hawaiian Roll Applesauce Milk Fortune Cookie	<b>13</b> HM Stuffed Peppers Sliced Beets Diced Carrots Pineapple Tiddlers WW Roll Margarine 100% Fruit Juice 	<b>14</b> Chinese Pepper Steak Sicilian Veggie Blend Succotash Mixed Fruit Cup Potato Roll Margarine Milk	<b>15</b> Grilled Chicken & Veggie M Roasted Sweet Potatoes Cilantro Rice Peaches Cornbread Muffin Birthday Cake 100% Fruit Juice 	<b>16</b> Oven Fried Fish Au Gratin Potatoes Cole Slaw Hawaiian Roll Diced Peaches Margarine & Tartar Sauce Milk
<b>19</b> Turkey & Cheese Sub Fresh Snap Peas Fresh Cauliflower WG Bun Fresh Pear Mayo, Mustard, Veggie Dip Milk	<b>20</b> Beef & Cheese Lasagna R Spinach Sliced Carrots Garlic Bread Strawberry Applesauce Margarine 100% Fruit Juice 	<b>21</b> Honey Glazed Chicken Bre Lima Beans Scalloped Potatoes Corn Muffin Fresh Apple Margarine Milk	<b>22</b> Turkey Tetrazzini Riviera Blend Veggies Steamed Cauliflower Dinner Roll Pineapples Margarine-Cookie 100% Fruit Juice	<b>23</b> Mac & Cheese French Cut Green Beans Corn Potato Roll Margarine Fresh Banana Milk 
<b>26</b> HM Chicken Salad Sandwich Grape Tomatoes 3 Bean Salad Sliced Croissant Fruit Cocktail Milk	<b>27</b> HM Meatball Sub w/cheese Tossed Salad Diced Potatoes Sub Bun Mixed Fruit Cup Salad Dressing 100% Fruit Juice	<b>28</b> Pub Burger w/Cheese Potato Salad Veggie Blend WW Bun, Mayo, Mustard Fruit Salad Lettuce, Tomato Milk 	<b>29</b> HM Deluxe Fried Rice w/ Beef, Chicken, Ham & Peas and Carrots Steamed Broccoli Fresh Orange Crunchy Breadsticks Margarine 100% Fruit Juice	<b>30</b> Fiesta Lime Chicken Roasted Corn & Black Beans Brown Rice Peaches Flatbread Margarine Milk

(Please call the day before by 1:00 p.m. to order your lunch – 810-659-4735)